

Cyberbullying

What kids should know



- ☺ Don't say anything online you wouldn't say to someone's face.
- ☺ Be nice and friendly.
- ☺ Use emoticons :) so people know when you're joking.
- ☺ Tell your mum or dad or another adult if someone sends you a mean message.
- ☺ Don't reply to a bully. They like upsetting people and you can't win against them.

- ☺ If a friend upsets you, remember it's easy to accidentally sound hurtful online because people can't hear your voice and can't always tell if you're joking.
- ☺ Never give your real name, your address, your phone number or your email address to someone you meet online.

- ☺ If someone sends you a mean or embarrassing message about someone else, don't forward it to your other friends. Don't help bullies hurt other kids!
- ☺ Be a good friend. If one of your friends is being bullied online or face to face, tell an adult.