

Talking it over



Parties, other social activities and holidays are often very important in a teenager's life, marking the move from childhood to adulthood.

While most young people go through this time having fun and without any problems there are things parents and carers can do to reduce the chance of anything going wrong. You can help to make celebrations and activities safer by:

- keeping up with what is going on in your child's life
- getting to know their friends. You can be interested in their life yet still respect their need for privacy
- talking to your teenager about your concerns, such as hosting a party, going to parties or having separate holidays
- knowing the law about supplying alcohol to people under the age of 18.

For more tips on talking to teenagers check the information on the NSW Health website (www.health.nsw.gov.au/public-health/dpb/publications/parents_talking_teenagers.html).

This publication is intended as a guide only. The contents do not constitute legal advice and should not be relied upon as such. Persons wishing formal advice on matters referred to in this publication should consult their solicitor.