

# Drug Prevention Programs Update

## Special points of interest:

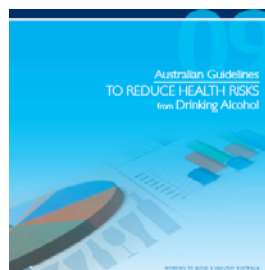
- Australian Guidelines to Reduce Health Risks from Drinking Alcohol
- New look OxyGen website
- Involving parents in school drug education
- The National Binge Drinking Campaign
- *The Critics' Choice 2009.*

Term two 2009

Click on resources for more details

## Resources support alcohol consumption guidelines

The recently released alcohol consumption guidelines established by the [National Health and Medical Research Council](#) (NHMRC) outline 4 guidelines. Guideline 3 has specific reference to children and young people. For more information click on the following icon.



2009 National Health and Medical Research Council (NHMRC) guidelines

*Set to Celebrate* (2004) A drug education resource to support *Crossroads: A personal development and health education course for Stage 6*; *Drug Education in Culturally diverse classrooms: alcohol and tobacco* (2004) and *Message in a Bottle: A Stage 2 & 3 alcohol education resource* (2008) support these new guidelines.



The suggested teaching and learning activities contained in these resources aim to develop students' awareness of the possible harmful effects of alcohol, and to help them make informed decisions about alcohol.

Check the updated OxyGen website !

## *Involving parents in school drug education: Some resources to help you...*



***Parents and schools: partners in drug education resource.***

This DVD contains footage

of teaching and learning activities in primary and secondary schools. It includes a facilitator's guide to conduct a parent meeting about drug education.

***Drug education in primary schools.***  
***Drug education in secondary schools.***

These pamphlets provide information on what is



taught in drug education; why it is important and how the community can become involved.

To obtain copies of these resources phone 9266 8455 or email:

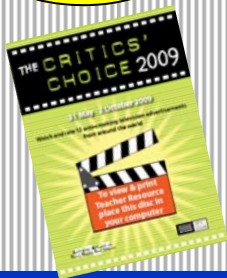
[Julie.m.walker@det.nsw.edu.au](mailto:Julie.m.walker@det.nsw.edu.au)

## The National Binge Drinking Campaign



Click on the posters for more information.

Entry for students and teachers online



### Who is the campaign for and why?

The campaign's **target audiences** are teenagers aged 15-17 and young adults aged 18-25 years. Research shows that a high proportion of the alcohol consumed by both adolescent and young adult drinkers are at risky and high risk levels. For these reasons, 15-17 year olds and 18-25 year olds represent important target audiences for a campaign targeting the harms associated with binge drinking.



The Department of Education and Training has conducted 36 professional learning workshops for *Message in a Bottle— A Stage 2 & 3 alcohol education resource* in all regions across NSW since September 2008. A total of 830 primary school teachers have had the opportunity to explore the resource and plan how to

include the teaching and learning activities into their drug education component of their Personal Development, Health and Physical Education program.

Click below for details to contact your **drug education consultant** for support in planning and implementing drug education in your school.

Click here to contact

[DRUG EDUCATION CONSULTANTS](#)

**Competition runs 31 May til 2 October 2009**

## The Critics' Choice 2009

Coming to your school soon!

This year's edition promises to engage your students and have them considering the harmful consequences of smoking. A variety of suggested teaching and learning activities will accompany the resource.

### Competition for teachers and students to enter!

Students submitting an **online** grading form will be included in a draw with a chance to receive an iPod or one of 18 iTunes vouchers valued at \$40.

THE CRITICS' CHOICE 2009

Teachers submitting an **online** evaluation form will be included in the draw to receive a \$300 sporting equipment grant for their school.

For further details contact:

[Julie.m.walker@det.nsw.edu.au](mailto:Julie.m.walker@det.nsw.edu.au)

**TELL US IF YOU HAVE ANY INNOVATIVE TEACHING IDEAS, RESOURCES OR USEFUL WEBSITES THAT WE CAN SHARE WITH OTHERS!**

Please email details to [drug.prevention@det.nsw.edu.au](mailto:drug.prevention@det.nsw.edu.au)

**Employment opportunities:** Information about drug education consultant positions and state office positions are available online at jobs@det ([www.det.nsw.edu.au/jobs/Logon?Command=GoToHome](http://www.det.nsw.edu.au/jobs/Logon?Command=GoToHome))

For additional information please contact Tracey Cross at [tracey.cross@det.nsw.edu.au](mailto:tracey.cross@det.nsw.edu.au) or by phone on 9244 5561.

**Feedback:** If you no longer wish to receive notification about *Update* please send an email to [drug.prevention@det.nsw.edu.au](mailto:drug.prevention@det.nsw.edu.au) and type 'delete'.

Check out our website for all of our resources, latest statistics and pamphlets. <http://www.schools.nsw.edu.au/learning/yrk12focusareas/druged/distribres.php>