

Individual reflection after each cycle of action research



These questions are intended to assist individuals as they prepare for the team's reflection on one cycle of action research.

Individual reflection questions

- How would you describe your feelings/reactions to your experience of this action research cycle and its activities?
.....
- What were your most significant learnings from this action research cycle?
.....
- What were the activities that were the most powerful learning experiences for you? Why do you think this was?
.....
- Which activities were the least powerful as learning experiences? Why was this?
.....
- If you were engaging in the activities of this cycle again, what would you do differently?
.....
- In looking back over your reflections on previous cycles and your experience of the current cycle, what are the most important insights that emerge concerning:
 - the process and your experience of action research?
.....
 - your own professional learning?
.....
 - your classroom practice regarding middle years students?
.....
- Identify one critical incident that occurred during this action research cycle. For that incident, identify why it was critical for you and the feelings/reactions that it aroused.
.....
- What were the most important things that you learnt from this incident? If it occurred again, how would you approach it/deal with it differently?
.....
- What new professional learning needs emerged for you from the experience of this action research cycle? How will you meet these learning needs?
.....