

**BEING A PARENT**  
can be a challenge

**WANT HELP**  
answering questions?

**WE CAN HELP**

**Sometimes**

**kids listen**

**Sometimes**

**they don't**

**Sometimes**

**you can answer  
their questions**

**Sometimes**

**help is needed**

relationships

bodies

sex

contraception

how to stay safe

going to the doctor

pressure to have sex

negotiating consent

sexually transmitted  
infections

confusion about  
sexuality

unplanned pregnancy

[www.fpahealth.org.au](http://www.fpahealth.org.au)

**FPA Health website**

Full of useful, readable and medically up-to-date information about reproductive & sexual health.

**1 300 65 88 86**

**FPA Healthline**  
**confidential & anonymous**

A clinical nurse specialist at FPA Healthline can answer questions and help you and your teenager find youth friendly health services. FPA Healthline Mon-Fri from 9am to 5.30pm EST.



**FPA health**

*Leading the way in reproductive & sexual health*